

	1st League	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11
	TEAMS	25-Jan	02-Jan	02-Aug	16-Feb	22-Feb	01-Mar	08-Mar
1	SPRINGF. A	6*	-7	3	9	10*	2	3*
2	BERGVL.	7	8*	4*	10*	3	1*	4
3	ST. CYPR.	8	9*	1*	4*	2*	5*	1
4	HERSCH. A	9	-10	2	3	6*	7	2*
5	RED. ATL.	10	6*	8	7*	9	3	10*
6	RED. CONS.	1	5	9*	8	4	10*	8*
7	SPRINGF. B	2*	-1	10	5	8	4*	9
8	RUSTB.	3*	2	5*	6*	7*	9*	6
9	JVR	4*	3	6	1*	5*	8	7*
10	HERSCH. B	5*	-4	7*	2	1	6	5

	2nd League	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11
	TEAMS	25-Jan	02-Jan	02-Aug	16-Feb	22-Feb	01-Mar	08-Mar
1	ST. CYPR.	6*	7	3	9*	BYE	2	3*
2	SPRINGF. A	7	8*	4	BYE	3	1*	4*
3	WESTERF.	8*	9	1*	4	2*	5*	1
4	HERSCHEL A	9*	BYE	2*	3*	6	7*	2
5	RUSTB. A	BYE	6	8	7*	9	3	BYE
6	JVR	1	5*	9*	8	4*	BYE	8*
7	RUSTB. B	2*	1*	BYE	5	8*	4	9*
8	HERSCHEL B	3	2	5*	6*	7	9	6
9	SPRINGF. B	4	3*	6	1	5*	8*	7

	3rd League	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11
	TEAMS	25-Jan	02-Jan	02-Aug	16-Feb	22-Feb	01-Mar	08-Mar
1	GERM. SCH.	6*	7	8*	9	10*	11	12
2	WESTERF.	7	8*	9	10*	11	12*	3*
3	CAMPSBAY	8	9*	10	11*	12*	5*	2
4	HERSCHEL	9*	10	11*	12	5	6*	7
5	HERZL. HS	10	11*	12	6	4*	3	8*
6	RUSTB.	1	12*	7*	5	8	4	9*
7	SANS SOUCI	2*	1*	6	8	9*	10	4*
8	BERGVLIET	3*	2	1	7*	6*	9*	5
9	FISH HOEK	4	3	2*	1*	7	8	6
10	ST. CYPRIANS	5*	4*	3*	2	1	7*	11
11	WGHS	12*	5	4	3	2*	1*	10*
12	SPRINGF.	11	6	5*	4*	3	2*	1*

	4th League	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11
	TEAMS	25-Jan	02-Jan	02-Aug	16-Feb	22-Feb	01-Mar	08-Mar
1	SOUTH PEN A	6*	7	8*	9	10*	11	BYE
2	WESTF. A	7	8*	9	10*	11	BYE	3*
3	PINELANDS	8	9*	10	11*	BYE	5*	2
4	RUSTENB.	9*	10	11*	BYE	5	6*	7
5	ST. CYPR.	10	11*	BYE	6	4*	3	8*
6	BERGVLIET	1	BYE	7*	5	8	4	9*
7	WESTF. B	2*	1*	6	8	9*	10	4*
8	SANS SOUCI	3*	2	1	7*	6*	9*	5

9	SPRINGF.	4	3	2*	1*	7	8	6
10	SOUTH PEN B	5*	4*	3*	2	1	7*	11
11	ZWAANSW	BYE	5	4	3	2*	1*	10*

*** HOME GAME FOR TEAM IN LEFT HAND COLUMN**

	Premier League	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11
	TEAMS	25-Jan	01-Feb	08-Feb	16-Feb	22-Feb	01-Mar	08-Mar
1	HERSCHEL	BYE	-7	3	9	10*	2	6*
2	DE KUILEN	BYE	8*	4*	10	3	1	7
3	BELLVILLE	BYE	9*	1	4*	2*	5	8
4	WESTERFORD	BYE	10	2	3	6*	7	9
5	RED. ATL.	BYE	6*	8	7	9	3	10
6	RUSTENBURG	BYE	5	9	8	4	10*	1
7	SPRINGF.	BYE	-1	10	5*	8	4*	2
8	STELLENBERG	BYE	2	5*	6	7	9*	3*
9	BRACKENFELL	BYE	3	6	1*	5	8	4*
10	ST. CYPRIANS	BYE	4*	7*	2	1	6	5

* HOME GAME FOR TEAM IN LEFT HAND COLUMN

* HIGHLIGHTED MATCHES MUST BE PLAYED @ RONDEBOSCH FED. COURTS

* NO MATCHES AT FED COURTS ON 5 FEBRUARY. GIRLS' PRIVATE SCHOOLS' TOURNAMENT.

TENNIS FIXTURES (SENIOR TEAMS) TERM 1 2010

Tennis Captain: Olivia Johnson

Vice captain: Terri Aitchison

Premier League	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11
	25-Jan	01-Feb	08-Feb	16-Feb	22-Feb	01-Mar	08-Mar
SPRINGF.	BYE	vs Herschel at Tennis tournament	St Cyps (A)	Red.Atl (H)	Stellenberg (Rondebosch)	Westerford (H)	De Kuilen (Rondebosch)
1st League	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11
	25-Jan	01-Feb	08-Feb	16-Feb	22-Feb	01-Mar	08-Mar
SPRINGF. 1A	Red.Con (H)	SFC B	St Cyps (A)	JVR (A)	Hersch B (H)	Berg (A)	St Cyps (H)
SPRINGF. 1B	Berg (H)	SFC A	Hersch B (A)	Red.Atl (A)	Rust (A)	Hersch A (H)	JVR (A)
2nd League	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11
	25-Jan	01-Feb	08-Feb	16-Feb	22-Feb	01-Mar	08-Mar
SPRINGF. 2A	Rust B (A)	Hersch B (H)	Hersch A (A)	BYE	West (A)	St Cyps (H)	Hersch A (H)
SPRINGF. 2B	Hersch A (A)	West (H)	JVR (A)	St Cyps (A)	Rust A (H)	Hersch B (H)	Rust B (A)
3rd League (3A Team)	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11
	25-Jan	01-Feb	08-Feb	16-Feb	22-Feb	01-Mar	08-Mar
SPRINGF.	WGHS (A)	Rust (A)	Herzlia (H)	Herschel (H)	Camps Bay (A)	West (H)	German Sch (H)
4th League (3B Team)	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11
	25-Jan	01-Feb	08-Feb	16-Feb	22-Feb	01-Mar	08-Mar
SPRINGF.	Rust (A)	Pine (A)	West A (H)	South Pen (H)	West B (A)	Sans Souci (A)	Berg (A)

INDOOR HOCKEY FIXTURES 1ST TERM 2010

Indoor Hockey Captain: Tracey Green

Indoor Vice Captain: Nicola Pack

<u>20-Jan-10</u>	<u>TIMES:</u>	<u>FIXTURES:</u>
MILITARY BASE	16h00	Spring 7 vs JG Meiring 1
MILITARY BASE	16h30	Spring 6 vs Wynberg 6
MILITARY BASE	17h00	Spring 5 vs Wynberg 5
MILITARY BASE	17h30	Spring 4 vs Wynberg 4
MILITARY BASE	18h00	Spring 3 vs Wynberg 3
MILITARY BASE	18h30	Spring 2 vs Wynberg 2
MILITARY BASE	19h00	Spring 1 vs Wynberg 1
WESTERFORD	20h30	Westerford 8 vs Spring8

<u>27-Jan-10</u>	<u>TIMES:</u>
MILITARY BASE	16h00
MILITARY BASE	16h30
MILITARY BASE	17h00
MILITARY BASE	17h30
MILITARY BASE	18h00
MILITARY BASE	18h30
MILITARY BASE	19h00
	BYE

<u>03-Feb-10</u>	<u>TIMES:</u>	<u>FIXTURES:</u>
WESTERFORD	18h00	Westerford 7 vs Spring 7
WESTERFORD	18h30	Westerford 6 vs Spring 6
WESTERFORD	19h00	Westerford 5 vs Spring 5
MILITARY BASE	16h00	Spring 8 vs Pinelands 8
MILITARY BASE	16h30	Spring 4 vs Westerford 4
MILITARY BASE	17h00	Spring 3 vs Westerford 3
MILITARY BASE	17h30	Spring 2 vs Westerford 2
MILITARY BASE	18h00	Spring 1 vs Westerford 1

<u>10-Feb-10</u>	<u>TIMES:</u>
MILITARY BASE	16h00
MILITARY BASE	16h30
MILITARY BASE	17h00
MILITARY BASE	17h30
MILITARY BASE	18h00
MILITARY BASE	18h30
MILITARY BASE	19h00
MILITARY BASE	19h30

<u>17-Feb-10</u>	<u>TIMES:</u>	<u>FIXTURES:</u>
MILITARY BASE	16h00	Herschel 8 vs Spring 8
MILITARY BASE	16h30	Spring 7 vs Jv Riebeeck
MILITARY BASE	17h00	Spring 5 vs Reddam 3
MILITARY BASE	17h30	Spring 3 vs Reddam 2
MILITARY BASE	18h00	Spring 1 vs Reddam 1
MILITARY BASE	18h30	Spring 2 vs Bergvliet 1
PINELANDS	17h30	Pinelands 8 vs Spring 8
	BYE	Springfield 4 and 6

<u>24-Feb-10</u>	<u>TIMES:</u>
MILITARY BASE	16h00
MILITARY BASE	16h30
MILITARY BASE	17h00
MILITARY BASE	17h30
MILITARY BASE	18h00
MILITARY BASE	18h30
WESTERFORD	20h00
	BYE

<u>03-Mar-10</u>	<u>TIMES:</u>	<u>FIXTURES:</u>
HERSCHEL	16h00	Herschel 4 vs Springfield 4
HERSCHEL	16h30	Herschel 3 vs Springfield 3
HERSCHEL	17h00	Herschel 2 vs Springfield 2
HERSCHEL	17h30	Herschel 1 vs Springfield 1
HERSCHEL	18h00	Herschel 5 vs Springfield 5
HERSCHEL	18h30	Herschel 6 vs Springfield 6
HERSCHEL	19h00	Herschel 7 vs Springfield 7
	BYE	Springfield 8

<u>10-Mar-10</u>	<u>TIMES:</u>
MILITARY BASE	16h00
MILITARY BASE	16h30
MILITARY BASE	17h00
MILITARY BASE	17h30
MILITARY BASE	18h00
MILITARY BASE	18h30
MILITARY BASE	19h00
MILITARY BASE	19h30

<u>17-Mar-10</u>	<u>TIMES:</u>	<u>FIXTURES:</u>
MILITARY BASE	16h00	Springfield 1 vs Fairmont 1
MILITARY BASE	16h30	Springfield 2 vs Fairmont 2
MILITARY BASE	17h00	Springfield 3 vs Fairmont 3
MILITARY BASE	17h30	Springfield 4 vs Fairmont 4
MILITARY BASE	18h00	Springfield 8 vs St Cyprians 6
MIDWEEK		Herschel 8 vs Springfield 8
	BYE	Springfield 5, 6 and 7

ham

FIXTURES:

Spring 4 vs Pinelands 4
Spring 3 vs Pinelands 3
Spring 2 vs Pinelands 2
Spring 1 vs Pinelands 1
Spring 5 vs Pinelands 5
Spring 6 vs Pinelands 6
Spring 7 vs Pinelands 7

Springfield 8

FIXTURES:

Spring 8 vs St Cyprians 6
Spring 1 vs Stellenberg 1
Spring 2 vs Stellenberg 2
Spring 3 vs Stellenberg 3
Spring 4 vs Stellenberg 4
Spring 5 vs Stellenberg 5
Spring 6 vs Stellenberg 6
Spring 7 vs Stellenberg 7

FIXTURES:

Springfield 3 vs Fish Hoek 1
Springfield 5 vs Fish Hoek 2
Springfield 2 vs Tableview 1
Springfield 4 vs Tableview 2
Springfield 6 vs Tableview 3
Springfield 7 vs Tableview 4

Westerford 8 vs Springfield 8

Springfield 1

FIXTURES:

Springfield 4 vs Rustenburg 2
Springfield 2 vs Rustenburg 1
Springfield 3 vs St Cyprians 2
Springfield 1 vs St Cyprians 1
Springfield 5 vs St Cyprians 3
Springfield 6 vs St Cyprians 4
Springfield 7 vs St Cyprians 5
Springfield 8 vs Pinelands 8

SWIMMING GALAS TERM 1 2010

Swimming Captain: Tayla Faulmann

Vice Captain: Kim Barker

21-Jan-10

Girls-only gala

JUE - WGHS

WGHS (+B team)	Rustenburg (+B team)	t Cypriar Jan van Riebeeck (girls)
Rhenish (+B team)	Springfield (+B team)	San Souc Herschel (+B team)

04-Feb-10

Individual gala

JE - BISHOPS

Bishops	Rustenburg	pringfiel WBHS	Herschel Paul Roos
Rondebosch	Jan van Riebeeck	Rhenish SACS	WGHS

11-Feb-10

Relay Gala

JUE - WBHS

Fish Hoek High	WBHS	pringfiel WGHS	SACS Sans Souci
Rustenburg	Bishops	Herschel Rhenish	Paul Roos

Other important dates:

30 January: W. Province trials (venue TBA)

13 February: W. Cape Trials (venue TBA)

17 February: A-League Champs (Newlands) using the boys / girls only gala format.

5/6 March: SA Schools Nationals (PE or Blomfontein)

WATERPOLO FIXTURES 1ST TERM 2010

Waterpolo Captain: Tayla Faulmann

Vice Captain: Bianca Blanckenberg

DATE	FIXTURE	VENUE
22-Jan	SPRING VS WYNBERG	TBC
29-Jan	HERSCHEL VS SPRING	HERSCHEL
05-Feb	SPRING VS WEST	WEST
12-Feb	SPRING VS RHEN	TBC
19-Feb	*BLOEM VS SPRING	TBC (1st teams MIDWEEK)
26-Feb	SPRING VS RUST	TBC (1st teams away on St Peters Tour)
05-Mar	SPRING VS REDDAM	REDDAM
11 & 12 Mar	U14 KNOCKOUT	WESTERFORD
THUR/FRI	U16 KNOCKOUT	HERSCHEL
Thur 18 Mar	WALLER CUP FINALS	NEWLANDS

PGSGU INTER-SCHOOLS DATES & VENUES			
DATE	SPORT CODE	HOST SCHOOL	VENUE
Saturday 13-Mar	Senior Tennis and Junior Tennis	Springfield	Sans Souci
Tuesday 16-Mar	Diving	Western Province Diving	Wynberg GHS
Tuesday 2 Mar (16:00)	Swimming	Springfield	Springfield
Friday 12-Mar	Indoor Hockey	Herschel	Herschel
Saturday 14-Aug	U14, 16 and 19 Netball	Sans Souci	Sans Souci
Friday Date ? (TBC)	Cross Country	Rustenburg GHS	Rustenburg GHS (TBC)
Friday 27 Aug (TBC)	U19 Hockey	Herschel	Wynberg Astro
Saturday 28 Aug (TBC)	U16 Hockey	Wynberg	Wynberg GHS Astro & grass field
Friday 3 Sept (TBC)	U14 Hockey	St Cyps	Wynberg GHS Astro & grass field
Saturday 11-Sep	Squash	Wynberg GHS	Western Province Cricket Club

Diving Captain: Dominique van Lienden

Synchronised Swimming Captain: Tessa Dyer